



LAVENDER

HEALTH SPA



LAVENDER EXPERIENCES

The Lavender Experience is designed to allow you to unwind and relax in the calm surroundings of Lavender. These experiences are designed for both genders and have been created to awaken the senses and de stress the mind and body.

EXPERIENCES FOR ME

Time for Me *(per person)* **£100.00**
45 mins in hot tub with bubbly & chocolates or 45 mins use of pool with a choice of any ONE of the following treatments:

- Elemis Facial
- Elemis Full Body Massage
- Elemis Back of Body Massage
- Hot Stone Massage

Followed by time in the Relaxation Suite

Please allow 2 hours 45 mins for this package which includes changing in and out of the spa

Recharge Time-out *(per person)* **£200.00**
45 mins in hot tub with bubbly & chocolates or 45 mins use of pool with a choice of any ONE of the following treatments:

- Elemis Facial with Back Ritual
- Ultimate Full Body Massage with Taster Facial
- Hot Stone Massage with Elemis Taster Facial
- Reflexology with Elemis Facial

Followed by time in the Relaxation Suite

Please allow 3 hours 45 mins for this package which includes changing in and out of the spa



EXPERIENCES FOR COUPLES

Couples Time-out *(per couple)* **£200.00**
45 mins exclusive use of our outdoor hot tub area with bubbly & chocolates and a choice of any ONE of the following treatments:

- Elemis Full Body Massage
- Elemis Facial
- Elemis Taster Facial with Taster Back Massage

Followed by time in the Relaxation Suite

Please allow 2 hours 45 mins for this package which includes changing in and out of the spa

Couples Babymoon *(per couple)* **£200.00**
45 mins exclusive use of our pool area with a Mellow Mama Full Body Massage for Mum to Be & a Full Body Massage for Dad to Be. *Followed by time in the Relaxation Suite*

Please allow 2 hours 30 mins for this package which includes changing in and out of the spa

EXPERIENCES FOR MAMA TO BE

Mama to Be Cocoon *(per person)* **£100.00**
45 mins exclusive use of our pool area followed by ONE of the following treatments:

- Yummy Mummy Back Massage with Foot Ritual
- Reflexology
- Elemis Facial

Followed by time in the Relaxation Suite

Please allow 2 hours 45 mins for this package which includes changing in and out of the spa

Pampered Mama *(per person)* **£180.00**
45 mins exclusive use of our pool area followed by ONE of the following treatments:

- Mellow Mama Full Body Massage & Elemis Taster Facial
- Reflexology & Taster Facial
- Elemis Facial with targeted lymph drainage Ritual

Followed by time in the Relaxation Suite

Please allow 2 hours 45 mins for this package which includes changing in and out of the spa



EXPERIENCES FOR GIRLIES

Just for The Girlies *(per person)*

£50.00

Enjoy a Special Treat with your Gals! 75 mins Exclusive use of Hot Tub Area with bubbly & chocolates...

Full payment required at time of booking. Group size (4 minimum or 6 maximum). Subject to availability

Time with the Gals *(per person)*

£80.00

(for groups of 6 or more)

Enjoy 60 mins in our Outdoor Hot Tub with Bubbly & Chocolates & a 30 mins Relaxing Back Massage.

Followed by time in the Relaxation Suite

Please allow 2 hours 30mins for this package and this includes changing out of the spa. Extra time cannot be allocated as we need to prepare for our next clients whilst adhering to our strict Covid guidelines. Please arrive wearing swimwear.

SPECIALISED TREATMENTS

Touch Therapy Cocoon *(per person)*

£70.00

For those who are recovering from or going through cancer treatments. Enjoy 30 mins exclusive use of the pool area and a choice of any ONE of the following treatments:

- 50 mins Touch Therapy Reflexology
- 50 mins Touch Therapy Body Treatment
- 50 mins personalized lymph drainage massage

Followed by time in the Relaxation Suite

These treatments are totally customized for you and can be adapted at the time of treatment. Please allow 2 hours for this package which includes changing in and out of the spa

BEAUTY TREATMENTS

These treatments do NOT include use of the hot tub, pool area or relaxation area.

PRO-GLOW FACIALS

Pro-Glow Renewal Facial (50 mins) **£85.00**
For gorgeous glowing skin

ELEMIS' signature deep cleansing skin wellness facial, showcasing Prebiotics and antioxidant-rich goodness to deliver a healthy-looking, lit-from-within glow. In one treatment, skin looks visibly refreshed and rebalanced.

Pro-Glow Smooth Facial (50 mins) **£85.00**
The HIIT workout for your skin

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

Pro-Glow Resurface Facial (50 mins) **£85.00**
Resurfacing for stunningly smooth skin

Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes, and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother, and renewed.

Pro-Glow Brilliance Facial (50 mins) **£85.00**
Your recipe for radiance

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an outdoor-fresh glow, skin is left feeling fresh, radiant and healthy.

Pro-Glow Renewal Facial **£115.00**
with Relaxing Back Massage (75 mins)

MAMA TO BE TREATMENTS

Peaceful Pregnancy Massage
This intuitive, restorative and relaxing massage for mothers-to-be deeply hydrates skin that is expanding to accommodate a growing baby. Aromatics are specially selected for optimum wellness and deep calm.

Mellow Mama Full Body (50 mins) **£85.00**

Yummy Mummy Back Massage
with Foot Ritual (50 mins) **£85.00**

BEAUTY TREATMENTS

These treatments do NOT include use of the hot tub, pool area or relaxation area.

BODY TREATMENTS

Freestyle Deep Tissue Massage
Your therapist will select an aromatic oil according to your concerns, including muscle pain, stress relief, relaxation or balance. The flowing massage works deep into the tension, encouraging optimum circulation.

Full Body Massage (50 mins) **£85.00**
Back of Body Massage (50 mins) **£85.00**
Back Massage (25 mins) **£60.00**

Deeper Than Deep Hot Stone Massage
Balinese stones bathed in Frangipani Monoi Body Oil are worked deep into the muscles, targeting areas of tension.

Full Body Hot Stone Massage (50 mins) **£85.00**

Full Body Hot Stone Massage
with Taster Facial (75 mins) **£115.00**

Reflexology (75 mins) **£85.00**

An ancient method of healing the body and mind using pressure point massage to the soles of the feet to encourage the body's natural healing process

A course of 6 is recommended and can be booked at reception with 6th session free.

BEAUTY TREATMENTS

These treatments do NOT include use of the hot tub, pool area or relaxation area.

WAXING

An effective way for hair removal using hot wax by lycon

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|-------------------|--------|
| Eyebrows | £8.00 |
| Upper Lip or Chin | £8.00 |
| Sides of Face | £12.00 |
| Underarm | £10.00 |
| Basic Bikini | £20.00 |

A tidy up – removal of hair from outside the panty line.

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| Californian (extended bikini wax) | £25.00 |
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This is a high leg bikini wax, removing hair on the bikini line and the inner thigh. This is suitable for high-cut underwear or swimwear.

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| G-String (thong wax) | £28.00 |
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This is a very tight bikini wax which leaves a thin strip of hair (2-3 finger width) from the front of the bikini on to the delicate area All hair from the bum is removed.

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| Brazilian | £40.00 |
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This treatment leaves hair on the front in either a strip or mini-triangle shape. All the hair from the delicate area and bum is removed.

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| Hollywood | £47.00 |
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This removes all hair from the pubic area and bum

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| Full Leg | £26.00 |
| 1/2 Leg | £17.00 |
| 3/4 Leg | £24.00 |
| Full leg & Basic Bikini | £35.00 |
| Full leg & Californian Bikini | £40.00 |
| Full leg & G -String Bikini | £45.00 |
| Full leg & Brazilian Bikini | £52.00 |
| Full leg & Hollywood Bikini | £55.00 |
| Upper leg & Basic Bikini | £30.00 |
| Upper leg & Californian Bikini | £33.00 |
| Upper leg & G -String Bikini | £35.00 |
| Upper leg & Brazilian Bikini | £45.00 |
| Upper leg & Hollywood Bikini | £52.00 |

SPRAY TANNING

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| Full Body Spray Tan | £25.00 |
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Vita Liberata, or St Tropez

BEAUTY TREATMENTS

These treatments do NOT include use of the hot tub, pool area or relaxation area.

TINTING

Please note that a tint patch test is required 24 hours before treatment.

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| Eyelash Tint | £12.00 |
| Eyebrow Tint | £6.00 |
| Eye Pack | £22.00 |

(Lash and brow tint with brow shape)

HD BROWSCULPT

Please note that a patch test is required 48 hours before treatment.

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| HD BrowSculpt (60 mins) | £45.00 |
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BrowSculpt is brow lamination with a bespoke HD Brows twist. Whether you dream of achieving that full, fluffy eyebrow look, want to create symmetry in uneven brows or tame unruly hairs, our BrowSculpt brow lamination treatment is for you. This corrective treatment helps you to achieve your desired position for up to 6 weeks.

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| HD Browsculpt with LVL Enhance Lashes (75 mins) | £75.00 |
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LVL ENHANCE LASHES

Please note that a patch test is required 48 hours before treatment.

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| LVL Enhance Lash Treatment (60 mins) | £35.00 |
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LVL lash lift is the revolutionary lash treatment that creates masses of length, volume and lift with your own natural lashes. No extensions. No maintenance. Please allow 75 minutes for this treatment.

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| HD Browsculpt with LVL Enhance Lashes (75 mins) | £75.00 |
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CANCELLATION POLICY To allow us to accommodate other clients we require 48 hours notice to change or cancel an individual/ couple booking. Full payment will be required for “no shows” or changes to a booking after this time. We require a £40 per person booking fee at the time of booking. Full payment will be required for “no shows” or group members who cancel their booking 7 days prior to the date of original booking. Booking fees are non refundable and non transferable. If your appointment is cancelled within 48 hours notice then the booking fee cannot be refunded or transferred for a new appointment.

GIFT VOUCHERS All gift vouchers are valid for 12 months from the date of issue unless otherwise specified. Each gift voucher may only be redeemed once. The original gift voucher must be presented at the time of payment. Advance reservations are necessary and subject to availability. Cancellation policies apply and will be notified to you upon making your reservation. Voucher ‘experiences’ or packages are converted into their monetary equivalent and a supplement may apply to match the price of the experience/package at the time of redemption.

ADVANCE BOOKINGS We highly recommend booking your treatment in advance to ensure that your preferred time and service is available.

SPA ETIQUETTE Our Spa environment is one of tranquility and relaxation. Please respect all spa guests’ right to privacy and serenity. Smoking/Vapping is strictly prohibited at Lavender. Alcohol can not be brought on to the premises. Mobile phones must be switched off and left in lockers. Mobile phones are not permitted in the treatment rooms. For safety purposes jumping, running and diving and all other boisterous behaviour is strictly prohibited in the pool area. It is our policy at Lavender Health Spa to ask guests to be quiet as they move through the spa. Management reserves the right to ask clients to leave with full payment if their behaviour is deemed unsuitable in any way towards therapists or other guests. Disposable underwear is provided for all guests and must be worn during treatments. Swimwear must be worn.

SPA ARRIVAL We ask that you arrive at the Spa reception 15 minutes prior to your scheduled appointment. This will allow you to reach optimum relaxation and gain the full benefit of your spa experience. Please understand that late arrivals will not receive an extension of scheduled treatments and will be charged in full. Lavender Health Spa reserves the right to alter timings for late arrivals. Please advise at the time of booking if any member of the group is or could be pregnant. We may not be able to facilitate any changes to bookings if any member of the group discloses their pregnancy upon arrival at Lavender Health Spa but will be charged in full as per the original booking.

AGE REQUIREMENT The minimum age requirement for access to the Spa is 16.

HEALTH CONDITIONS Please advise us of any health conditions, allergies, injuries or treatments when making your spa reservation. We reserve the right to alter treatments if we deem it unsafe to carry out a chosen treatment for any reason. Please be aware that the spa facilities cannot be used for 6 months post surgery.

LOSS OR DAMAGE Lavender cannot be responsible for any loss or damage of personal belongings. Please keep all valuables locked in your locker during your visit. Please remember to take all personal items with you as Lavender cannot be responsible for personal items left behind.

HOME CARE To continue your spa regime at home, all Spa products used in treatments are available to purchase at reception on departure. Your therapist will recommend products for home use during your treatment. Management reserves the right to alter or amend treatments or use of facilities without prior notice in the interest of client safety and comfort. Lavender does not offer discounts or refunds. These T&C's and prices are correct at the time of publishing. Management reserves the right to alter T&C's and prices without prior notice.



Directions from M1 Belfast/ Dungannon

- At Ballygawley round-about take the A4 Enniskillen Road
- After approx 0.75 miles take right on to Feddan Road
- Continue to the end of Feddan Road approx 1.5 miles
- At crossroads continue straight across, over the bridge on to the Glenhoy Road
- Drive 0.75 miles, on Glenhoy Road, take first road on the right - Errigal Road
- Lavender Health Spa is first on the right on Errigal Road

Directions from Omagh

- Travel the A5 and pass Kellys Inn
- Take the first road on the right after Kellys Inn – Errigal Rd
- Continue along the Errigal road for approximately 2 miles
- Lavender Health Spa is the last on the left on Errigal Road

LAVENDER HEALTH SPA

54 Errigal Road | Ballygawley | Dungannon | BT70 2DQ

Tel: 028 8556 7898 | Email: info@lavenderhealthspa.com | www.lavenderhealthspa.com

Opening Hours:

Monday: 9am-6pm | Tuesday & Wednesday : Closed | Thursday: 9am-6pm | Friday: 9am-8pm | Saturday: 9am-5pm